

How to Help

<u>Description</u>	<u>Agency</u>
Adopt-a-Bubby/ Telephone Reassurance (great for teens)	Jewish Family Service of Bergen County: 201-837-9090 (Teaneck area) Jewish Family Service of North Jersey: 201-796-5151/973-595-0111 (Fair Lawn/Wayne area)
Advocacy Campaigns	As the state's largest citizen watchdog coalition, New Jersey Citizen Action (NJCA) works on campaigns that promote economic, social, racial and political justice. Some examples of current advocacy campaigns include affordable health care for all, increasing the minimum wage, and many more. Jim Walsh, Program Director, 732-246-4772.
Daughters of Miriam/The Gallen Institute	Volunteers can perform a wide variety of tasks including, but not limited to, transporting, feeding, and visiting residents, staffing the bookmobile and food cart, assisting at the apartment buildings, and helping with clerical work. Call the volunteer department at 973-353-5205 or activities department at 973-253-5235
Donate Baby Accessories (ie: high chairs, cribs, strollers, changing tables, etc. – must be in good condition)	Baby Gmach (stands for <i>gemilut chessed</i> – acts of loving kindness) Siggy Berger, 201-486-1492
Donate Clothing	Ezra's Closet Gently worn Shabbat & Yom Tov dresses, size newborn – teen/young adult. Open for shopping on Sundays from 5 PM - 7 PM and on Thursdays from 12 PM – 2 PM. Dawn Orlinsky, 201-836-5219 dawnorlinsky@yahoo.com . Call for donation hours.

How to Help

Helen Sanders Thrift Shop at Daughters of Miriam Center/The Gallen Institute

155 Hazel Street, Clifton

973-253-5277

Open Mon, Wed, Fri – 10 AM – 3 PM

Call for donation hours.

NCJW Thrift Shop

75 S. Washington Ave.,

Bergenfield

201-385-4847

Open Mon, Tues, Wed, Fri, 10 AM-5:30 PM;

Thurs, 10 AM -8 PM; Sat, 9:30 AM-5 PM

Call for donation hours.

Donate Dresses & Gowns

(The Gmach lends clothing in return for small donation)

Gown Gmach, Fair Lawn

(Under auspices of Anshei Lubavitch of Fair Lawn)

Bella Grinberg, 201-797-1770,

FairLawnGemach@aol.com

Gown Gmach, Englewood

Susan at 201-248-7313 or Debbie at 201-567-

0134, sabrams.gowngmach@gmail.com

Gown Gmach, Teaneck

Daniella Neiman, 201-314-5383,

dneiman12@yahoo.com

Donate Furniture

L'Chaim Furniture Gmach of Fair Lawn

(Under auspices of Anshei Lubavitch of Fair Lawn)

Bella Grinberg, 201-797-1770,

FairLawnGemach@aol.com

Driver for:

Kosher Meals on Wheels

Doctor's appointments

Café Europa

(a program for Holocaust survivors)

Jewish Family Service of Bergen

County: 201-837-9090 (Teaneck area)

Jewish Family Service of North Jersey:

201-796-5151/973-595-0111

(Fair Lawn/Wayne area)

Friendly Visitors

Jewish Association for Developmental Disabilities (J-ADD), Sharon Horn, (201)

457-0058 x21

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Income Tax Preparation

Help with income tax preparation through New Jersey Citizen Action
Jim Walsh, Program Director, 732-246-4772
www.njcitizenaction.org

JCC on the Palisades

Volunteer assistance needed for various programs.

Hadas Grinshtein, 201-569-7900
hgrinshtein@jccotp.org

Jewish Home at Rockleigh

There are numerous opportunities for volunteers. Contact Charlene Vannucci, 201-784-1414 for details

Office/Clerical Assistance
(Computer literate a plus)

Jewish Family Service of Bergen County: (Teaneck area) 201-837-9090

Special Needs – Be a ‘buddy’ to a group home resident, share a special talent, host a consumer for a shabbat meal, etc.

Jewish Association for Developmental Disabilities (J-ADD)- Sharon Horn, (201) 457-0058 x21

Telephone Reassurance (keep in touch with a house-bound senior by phone)

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(Fair Lawn/Wayne area)

YM-YWHA of North Jersey

Volunteer assistance needed for various upcoming programs.

Cheryl Wylen, 973-595-0111,
wylenc@ymha-nj.org

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